

From Burger King, Oil Of Olay and Crest Toothpaste to Skyy Vodka, Dove Soap, and Dunkin' Donuts, you can't turn on the television or flip through a magazine without seeing Mia Crowe's famous hands.

Mia Crowe is a top hand model in the big business of body parts modeling. Turn on the television right now, and you can see Mia's talented hands in commercials doing everything from spreading Philadelphia Cream Cheese on a bagel and twisting open Oreo cookies to pouring test tubes of blue dye onto Tampax feminine pads to test for absorbency.

Mia got her start as a hand model while she was working as an actress on a television commercial. When she noticed that the director was interviewing several white-gloved women to hand model for his next commercial, she stuck out her hands to be judged along side the veteran hand models. Mia was hired on the spot, and her career as a hand model was launched. (Little did she know that she'd have to shoot the job underwater in a swimming pool for three days, and it would be one of her most difficult jobs to date!)

From commercial, print, and internet advertising campaigns to editorials in magazines such as SHAPE MAGAZINE, VARIETY, ESQUIRE, and the NEW YORK TIMES, Mia is in demand for her naturally graceful fingers, long nail beds, flawless skin, and talented hands and feet. Mia's skills and impeccable timing have earned her the reputation as a valuable talent who can save the production time and therefore thousands of dollars in production costs. Mia works with several top directors and photographers who won't do a shoot without her, which often means juggling 2 and 3 shoots in a day to keep all her clients on schedule.

Mia says, "People rely on me to get the precision shots they need in the first few takes so I'm willing to do anything to get the shot". Raising her arms in the air for hours at a time and holding her breath to steady her hands while standing under hot lights, makes hand modeling a physically demanding job. Mia's work ethic makes her a favorite with her personal trainer, chiropractor, and masseuse who keep her in prime physical condition so she is able to work the long hours on shoots that last from 8-12 hours a day and sometimes longer.

Over 3000 national and international commercials, print campaigns, and editorials to date, Mia works on location in New York, Chicago, London, Tokyo, Paris, Mexico, and her homebase of Los Angeles. She has been the hands for such celebrities as Charlize Theron (Lux), Jennifer Aniston (L'Oreal), Mischa Barton (Neutrogena), Molly Simms (Covergirl), and Cindy Crawford (Arctic Mineral Water). Mia also foot models and has been the feet of Faith Hill. Mia has worked with the top directors and photographers in the photography and commercial world, including Matthew Rolston, Dewey Nicks, Moshe Brakha, and the late Herb Ritts.

Mia is currently writing a how-to book on parts modeling. Aside from being a hand and foot model, Mia is a working actress, writer, television host, and a well-respected voice-over artist for television commercials and promos, radio, and cartoons. Her website is www.handsupermodel.com.